Residents Directory

Fort Mason Center houses over fifty resident organizations. These groups can provide you with information on the recording business, dance, broadcasting, theater, river rafting, marine ecosystems, printmaking, copyrights, freelance writing and much more. Drop in at their offices to find out about classes, services, speakers or trips made available to you by these outstanding Bay Area groups.

BLDG. A
At Fort Mason Capital Campaign (441-5706)
City Celebration (474-3914)
Fort Mason Foundation (441-5706)
Greens Restaurant (771-6222)
S.F. Craft & Folk Art Museum (775-0990)
SFMMA Rental Gallery (441-4777)
Tassajara Bread Bakery 2 (771-6330)

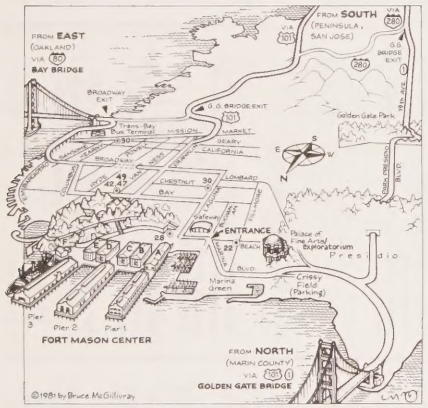
BLDG. B
Arts Arbitration & Mediation Services (775-7715 or 775-7200)
California Tomorrow (441-7631)
Community College Art Center at Fort Mason (776-8247)
Cooks & Company (673-4137)
Life On The Water (885-2790 office, 776-8999 box office)
Marine Exchange (982-7788)
Ploughshares Fund (775-2244)

BLDG. C
African American Historical & Cultural Society (441-0640)
California Lawyers for the Arts (775-7200)
Environmental Traveling Companions (474-7662)
Feedback Productions (776-8477, 776-8470)
Friends of the River (771-0400)
The Fund for Animals (474-4020)
Make-A-Circus (776-8477)
Museo ItaloAmericano (673-2200)
Perception Gallery (776-0347)
Performing Arts Workshop (673-2634)
S.F. Children's Art Center (771-0292)
S.F. Folk Music Center/Plowshares Coffeehouse (441-8910)
Tale Spinners (776-8470)
Young Performers Theatre (346-5550)

BLDG. D
Blue Bear School of Music (673-3600)
Friends of the S.F. Public Library (558-3770 or 771-3777)
Magic Theatre (441-8001 office, 441-8822 box office)
Media Alliance (441-2557)
Mexican Museum (441-0404 gallery, 441-0445 office)
Poetry Film Workshop (621-3073)
Western Public Radio (771-1161)

BLDG. E
Associates of the J. Porter Shaw Library (556-9870)
Computer Alliance (771-7133)
Greenpeace (474-6767)
National Park Service
Collections Management (556-3797)
J. Porter Shaw Library (556-9870)
Lifeline Marine Research (775-6497)
Marine Mammal Fund (775-4636)
Oceanic Society Expeditions (441-1106)
Oceanic Society, S.F. Bay Chapter (441-5970)
Yacht Racing Assn. of S.F. Bay (771-9500)

PIER 1
Ace Mailing (673-2930 or 863-4223)
PIER 3
National Liberty Ship, SS Jeremiah O'Brien (441-3101) east dock
BLDG. 1 Bay & Franklin entrance
Fort Mason Officers Club (441-7700)
BLDG. 101 Bay & Franklin entrance
National Park Police (556-5801)
BLDG. 111 Bay & Franklin entrance
S.F. Conservation Corps (928-7322)
BLDG. 201 Bay & Franklin entrance
Golden Gate National Recreation Area (GGNRA) Headquarters (556-0560)
BLDG. 204 Bay & Franklin entrance
Golden Gate National Park Assn. (556-0693)
BLDG. 240 Bay & Franklin entrance
San Francisco Intl. Hostel (771-7277)



DIRECTIONS: **East Bay**-Bay Bridge to Broadway Exit. Follow Broadway to Van Ness & turn right. Follow Van Ness to Bay & turn left. Follow Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.
Peninsula- US 101 North to Franklin St. Exit. Follow Franklin to Bay & turn left. Take Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.
Change of Address: Forward both old & new addresses, plus a copy of your most recent mailing label, if possible, to: Calendar, Fort Mason Center, Building A, San Francisco, CA 94123.

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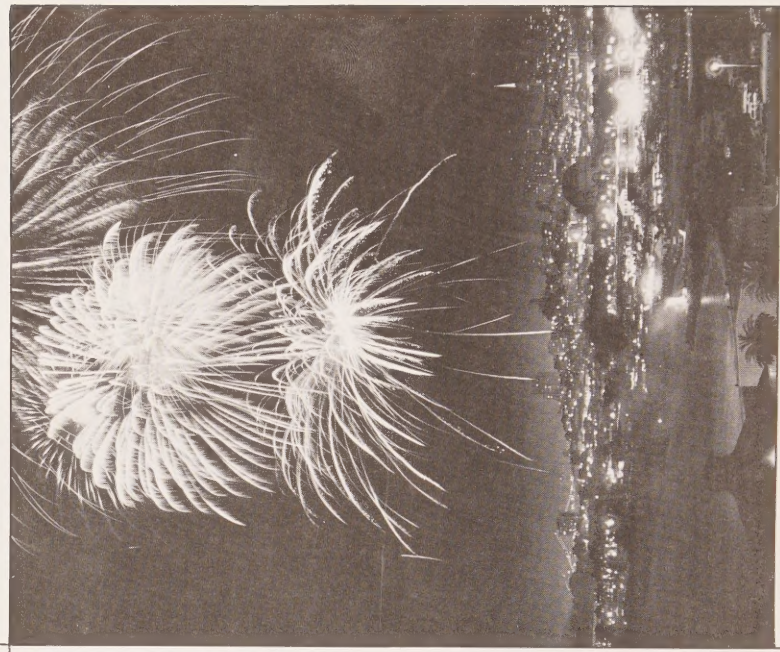

The July 4th Fireworks Celebration will be sponsored by the *San Francisco Chronicle* and the GGNRA. Courtesy: *San Francisco Chronicle*

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY

FORT MASON CENTER

July 1988

ALL THINGS AQUATIC

Whether you get your satisfaction from just sitting on the Marina Green and watching the sailboats out on the Bay, or from more active pursuits like kayaking and windsurfing, one of the joys of living in the Bay Area is the immediate access to water. This month, we spotlight some of the resident groups at Fort Mason representing a wide range of aquatic activities and interests, from physically stimulating whitewater raft trips to mentally stimulating Sea Camps, from local adventures to worldwide expeditions, from protecting the environment to saving the dolphin.

Friends of the River is a grassroots nonprofit conservation organization dedicated solely to protecting and restoring freeflowing rivers throughout the West. Appropriately, FOR also sponsors an annual series of whitewater river rafting trips every Thursday and Friday during the summer. Raft for one day or take advantage of the two-day option, which includes overnight camping. There is also a series of special river trips this summer, including the endangered Middle Fork of the American River, the scenic Lower Klamath, and the exciting Tuolumne River. A significant percentage of the fee for these trips goes to support Friends of the River's community organizing, lobbying, research, and litigation on behalf of the remaining freeflowing rivers in the West. Two-week advance reservations are recommended, and may be arranged by calling 771-0400.

The Oceanic Society is a nonprofit environmental organization dedicated to marine research, education, and policy development concerning the protection of our marine coastal resources. The Society also presents a variety of activities for all ages during the summer. For adults, there are sail training courses for beginners as well as those with more advanced knowledge. The beginning classes concentrate on the basic skills of sailing, from tacking and jibing to recognizing wind direction. In the intermediate classes, students learn sail theory and how to work in harmony with the elements. For children, there are Sea Camp and Sail Camp. Sea Camp is a series of two-week sessions for ages 8 through 14, concentrating on environmental and marine science topics. Students learn through hands-on activities, games, experiments, and the exploration of marine habitats. Each session ends with an overnight camping trip. Sail Camp is also a series of two-week sessions, for ages 11 through 17. Students engage in an intensive learn-to-sail program of sailing, boating safety, and seamanship, stressing individual self-confidence and working together as a team. Sea Camp and Sail Camp run from June through August. For more information, call 441-5970.

Oceanic Society Expeditions presents off-the-beaten-path journeys, giving travelers the opportunity to learn about and experience the marine environment at close range. With experienced naturalists as trip leaders, you can visit areas as diverse as the New England Coast or Tierra del Fuego, Alaska or Costa Rica, Vancouver Island or the Seychelles, the Galapagos Islands or Outer Mongolia. Closer to home is the popular Farallon Islands tour, an eight-hour expedition only twenty-five miles west of the Golden Gate Bridge. The second largest seabird rookery south of Alaska, the Farallons are refuge for over 250,000 birds, including tufted puffins and rhinoceros auklets.

Photo: Teya McElroy

The tufted puffin is often seen on the Farallon Island tour.

Marine mammals can be observed in the adjacent water, with frequent sightings of blue and humpback whales, Dall's porpoise, California sea lions, harbor and elephant seals. OES trips are designed to be accessible to people of all ages and backgrounds, suitable for anyone in general good health. The programs maximize learning opportunities and promote responsible tourism, striving to minimize its impact on local communities. Participation in these reasonably-priced trips also benefits the environment by supporting the Oceanic Society. For more information on these adventures, call 441-1106.

Environmental Traveling Companions provides accessible wilderness experiences for people who are physically, developmentally, or emotionally disabled, as well as for disadvantaged youth. Their philosophy is that everyone, regardless of physical or financial limitations, should have the opportunity to experience the beauty and challenge of the wilderness. Activities such as whitewater rafting, sea kayaking, and cross-country skiing help develop wilderness skills, lead to greater self-esteem, and an appreciation of our fragile ecosystem. In addition to these outreach programs, ETC also sponsors whitewater rafting trips and sea kayaking adventures that are open to everyone. The kayaking adventures offer the choice of day trips in the Bay, full-moon paddles, and overnight trips to Angel Island or in Tomales Bay. Kayaking is an exciting outdoor experience that can expose you to some of the natural wonders in your own back yard, from the dramatic San Francisco skyline to the abundant marine wildlife in the Bay and along the coast. For more information, call ETC at 474-7662.

Greenpeace is an international organization dedicated to preserving the earth and all the life it supports. Although the issues addressed range from stopping the threat of nuclear war to protecting the environment from nuclear and toxic pollution, Greenpeace is most widely known for its stand on ocean ecology, especially efforts to halt the slaughter of whales, dolphins, seals and other endangered animals. Through nonviolent direct-action methods, Greenpeace has brought to public attention many environmental catastrophes that gravely affect the earth's fragile ecosystem. Other tactics employed include organizing communities to demonstrate concern over local issues; preparing carefully-researched briefs to present to governments, courts, and the press; and publishing articles and producing films and videos in an effort to disseminate critical environmental information to the general public. Greenpeace is a nonprofit organization, and receives no government or corporate grants. All funding comes from contributions of concerned individuals. If you would like more information about how you can support Greenpeace, call 474-6767.

The Marine Mammal Fund was begun in 1970 as a nonprofit organization specifically designed to collect and disseminate to the public information about the incidental killing of dolphins during United States commercial tuna fishing operations. The Fund has expanded into educational programs centering on a variety of marine mammal and ocean issues. The Fund produces books, educational videos, and documentary films for television on marine mammals and the ocean environment. It is a non-membership organization, deriving its funding from educational materials produced in-house and distributed to the public through mail order and retail outlets across the country. For information, call 775-4636.

Tied up at the dock on the east side of Pier 3 at Fort Mason is the **National Liberty Ship SS Jeremiah O'Brien**. Designated as a National Historic Landmark by the Secretary of the Interior, the Jeremiah is the nation's last unaltered Liberty Ship in operating condition. The ship is open to the public for tours, and has Open Ship Weekends when the 441-foot World War II cargo ship revs up its giant steam engine, with the galley open and souvenirs available at the Slop Chest Store. The ship is staffed by volunteers, and is usually open daily from 9am to 3pm. There are also periodic cruises. For information, call 441-3101.

If yachting is your passion, **The Yacht Racing Association** is an organization you can't do without. The YRA is the central clearinghouse for all sailing and related activities in the San Francisco Bay. They schedule, administer, and publicize all local yacht races, while coordinating the activities of yacht clubs and sailing enthusiasts around the Bay Area. There are YRA committees that hear protests and appeals, offer training courses in race management and protest management, and maintain race buoys in the Bay. For more information about summer yachting activities, call 771-9500.

Finally if you love boats and water but suffer from chronic seasickness, you can always take a trip to **The J. Porter Shaw Library**. One of only four pre-eminent libraries of commercial maritime history in the United States, the focus of the Library is sail and steam vessels on the Pacific Coast of the United States and in the Pacific Basin up to the year 1940. The Library's scope, however, is world-wide maritime history, including shoreside technology, to the present day. Subjects include shipbuilding, whaling, biography, vessel histories, maritime trades and shipboard life, with a strong sense of local history. The Library's resources include an unrivaled collection of oral histories from seafarers, and photographic negatives of sailing ships under way. Hours are Tuesday, 5 to 8pm, Thursday and Friday, 1 to 5pm, and Saturday, 10am to 5pm. Reservations are advised for specific research projects. For more information, call 556-9870.

Photo: Tim Palmer

Whitewater rafting trips on the Tuolumne River are sponsored by Friends of the River.

Thank You!

The Fort Mason Foundation gratefully acknowledges contributions received from the following individual, foundation, corporate and government donors:

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Friends of the Fort

Friends of the Fort Benefits

Individual—*Monthly Calendar • Friendship card • discount on Magic Theatre's season subscription (late summer and early fall) • discounts on single ticket prices for Magic Theatre, Life On The Water • 5% off sales at SFMMA Rental Gallery • discounts on selected special events*

Bonus/Family—*All of the above + 2nd Friends card (same names) + coupon book with discounts for plays, concerts, workshops, classes & activities*

Participation—*All of the above + "Friends of the Fort" T-shirt*

Supporting—*All of the above + coupon for free fine art quality Special Event poster*

Donor—*All of the above + two (2) tickets to a Magic Theatre production*

Sponsor—*All of the above + two (2) tickets for a Whale Watching Trip, OR 1 ticket for a Natural History Trip to the Farallon Islands*

Patron—*All of the above + special recognition in Fort Mason's Capital Campaign*

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FORT MASON CENTER

FOUNDED IN 1977

Daily recorded messages of Fort Mason activities and events: 441-5705

July 1988

1 FRIDAY
The Happy Road To Heaven Matilda Kunin stars in this one-woman show about Sister Betty, a down & out evangelist who joins forces with a famous television producer. What follows is the media manipulation success story of the decade as her show, *The Happy Hour*, takes the nation by storm. 6/23-7/17 Fri&Sat 8pm, Sun 5pm, $8-$6 Bldg C 346-5550

Spotlight On Latin American Poetry Chilean poet Pablo Neruda is the subject of tonight's poetry reading which features the best English translations narrated by local actors. Presented by the Poetry Film Workshop as a benefit for National Poetry Week II. 7:30pm $2 FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

Recycling Center will purchase aluminum cans, glass bottles & jars, newspapers, computer paper & white office paper. Donations gladly accepted. 7/1-30 Mon-Sat 8am-1pm, So. end of parking lot near Gatehouse 285-0669

2 SATURDAY
West Coast Weekend San Francisco's only live performance radio show, produced by KQED-FM 88.5, broadcasts from Fort Mason. Host Sedge Thomson will bring together a diverse selection of guests & music from bluegrass to string quartets, plus news on activities for the weekend & upcoming week. 7/2-30 Sat 11am-1pm FREE Life On The Water Bldg B 553-2213

Get Active For Animals The Fund for Animals welcomes all who are interested in finding out how to become involved in animal rights issues. RSVP. 1pm FREE Bldg C 474-4020

The Happy Road To Heaven see 7/1
Recycling see 7/1

3 SUNDAY
Alcoholics Anonymous Ongoing weekly waterfront meeting. Open to the public. 7/3-31 Sun 8-9:15pm FREE Bldg C 661-1828

Round Robin Readings Bring your own or your favorite author's poems for a wide-open roundtable reading. 7:30pm $1 FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

The Happy Road To Heaven see 7/1

4 MONDAY
July 4th Fireworks Celebration Annual fireworks celebration sponsored by the *SF Chronicle* & the GGNRA. A day of music & entertainment beginning with a procession at 2:45pm, followed by continuous music & children's activities on two stages, 3-9pm, ending with the spectacular fireworks display at 9:15pm or just after dark. Dress warmly. FREE Crissy Field GGNRA 556-0560/ 556-4462

Recycling see 7/1

5 TUESDAY
Friends Of The San Francisco Public Library Book sale features paperbacks three for a dollar & hardcover books for $1. Every Tue, Wed & Thur 7/5-28 10am-1pm FREE adm Bldg D 771-3777

Recycling see 7/1

6 WEDNESDAY
Adult Children Of Alcoholics An independent 12-step program governed by traditions of self-support, autonomy, non-affiliation & anonymity. The focus is on parental alcoholism's effect on childhood as manifested in dysfunctional adult behaviors. 7/6-27 Wed 7-9pm FREE Gatehouse 931-2262

SF Architectural Club A monthly meeting open to anyone interested in educational lectures & open forum discussions relating to architecture & the allied arts. 8-11pm $5 Bldg E 434-0320

Recycling see 7/1
Friends Of The Library Sale see 7/5

7 THURSDAY
Introduction To Computers The subject of this one-hour class rotates monthly from word processing through data bases, spreadsheets & operating systems. Presented by Computer Alliance. 5:30-6:30pm $15-$5 Bldg D 771-7133

Epson Users Of SF Monthly meetings for QX10, QX16, PX8 users. Featuring free flow of ideas, self-help & speakers. 7-10pm $3 Bldg C 681-5382

Recycling see 7/1
Friends Of The Library Sale see 7/5

8 FRIDAY
Psychodrama Training A professional training seminar in psychodrama & group process skills for therapists & educators. 7/8-10 Fri-Sun 8am-6pm $80/day Bldg C 275-3572

FRIENDS OF THE FORT DISCOUNT

Spotlight On Latin American Poetry Peruvian poet Cesar Vallejo is the subject of tonight's poetry reading which features the best English translations narrated by local actors. Presented by the Poetry Film Workshop as a benefit for National Poetry Week II. 7:30pm $2 FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

The Happy Road To Heaven see 7/1
Recycling see 7/1

Photo: Janice Tong

SF Children's Art Center see Children's Classes

9 SATURDAY
Tom Sawyer Laugh with the mischievous Tom & his sidekicks Huck & Becky in this refreshing epic of American boyhood. Adapted by Young Performers Theatre from the Mark Twain classic. 7/9-24 Sat 1pm&3:30pm, Sun 1pm $6 adults $4 chdrn Bldg C 346-5550

Fort Mason Tour Guided walks through this cultural & recreational facility. Over 50 arts, environmental & cultural groups make Fort Mason Center their home. Museums, theaters, galleries, classes & workshops utilize these converted military warehouses. Two July tours: 7/9&23 11am FREE (call to reserve space) Bldg A 441-5706

Copyright Clinics Artists of all disciplines can consult with a noted copyright attorney about how to complete U.S. copyright forms, as well as related questions such as work-for-hire arrangements, jointly-held copyrights & renewing & modifying copyrights. Presented by California Lawyers for the Arts. 7/9&23 Sat 10am-12:30pm $20-$10 Bldg C 775-7200

The Happy Road To Heaven see 7/1
Recycling see 7/1
West Coast Weekend see 7/2
Psychodrama Training see 7/8

10 SUNDAY
Mini Book Sale Hardback & paperback books 30¢ or 4 for $1 with titles from art to zoology. 11am-4pm FREE adm Bldg A 771-3777

ESP Fair This day-long event features twelve readers, continuous slide shows & a special lecture on astrology. 11am-5pm $3 Firehouse 367-0369

The Happy Road To Heaven see 7/1
Alcoholics Anonymous see 7/3
Round Robin Readings see 7/3
Psychodrama Training see 7/8
Tom Sawyer see 7/9

11 MONDAY
IBM AT/XT Clone Users Group Information sharing & education for AT/XT clone users & prospective users. 7-9pm $2 Bldg E 861-9321

Recycling see 7/1

12 TUESDAY
People Who Love Too Much A self-help group for women/men whose relationships leave them with more emotional pain than pleasure. 7/12-26 Tue 7-8:30pm $1 Bldg C 845-4970

Not So Naive This panel discussion will examine the flow of aesthetics from outsider to mainstream art, focusing on Bay Area artists. 7:30-10pm $3-$2 Bldg E 775-0990

An Evening With Diego The Mexican Museum presents an evening program on famed Mexican artist Diego Rivera in conjunction with their current exhibition *Diego! Selected Works: 1896-1957*. Included will be a film entitled *The Frescoes of Diego Rivera*, & a slide lecture by artist Ray Patlán. 7:30pm $3 Magic Theatre Bldg D 441-0445

Recycling see 7/1
Friends Of The Library Sale see 7/5

13 WEDNESDAY
"Home For The Summer" At Life On The Water Performance artist/monologuist Bill Talen will present two of his most recent works, *Looking For Black Women on the Radio*, & *Red Wedding*, plus the premiere of a new solo work. 7/13-31 Wed-Sun 8pm $12-$9 FMC "Friends" $1 off w/mbrs card, Life On The Water Bldg B 776-8999

Creative Living-Creative Dying Ilana Goldner presents an inspiring panel discussion showing us how powerful we are in healing our mind, body & spirit. 7/13&14 Wed&Thur 8am-5pm $42.50 Bldg A 668-5111

Recycling see 7/1
Friends Of The Library Sale see 7/5
Adult Children Of Alcoholics see 7/6

14 THURSDAY
Recycling see 7/1
Friends Of The Library Sale see 7/5
"Home For The Summer" see 7/13
Creative Living-Creative Dying see 7/13

15 FRIDAY
Spotlight On Latin American Poetry Argentinean poet Jorge Luis Borges is the subject of tonight's poetry reading which features the best English translations narrated by local actors. Presented by the Poetry Film Workshop as a benefit for National Poetry Week II. 7:30pm $2 FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

Reiki Demonstration/Class Reiki activates the universal life energy for the transformation & healing of the body. Demonstration 7/15 Fri 6pm FREE, First Degree class 7/16 Sat 9am-6pm $150, Bldg C (707) 822-6898

How To Marry The Man Of Your Choice Don't settle for mediocre. Best-selling author Margaret Kent presents a class on the strategies of commitment. 6:30-9:30pm $25 Bldg A 922-9900

The Happy Road To Heaven see 7/1
Recycling see 7/1
"Home For The Summer" see 7/13

16 SATURDAY
Flash Family San Francisco's longest-running 100% improvisational theater company will create two hours of surprises & humor solely from audience suggestions. Produced by Sue Walden & Co. Reservations are recommended. 7/16-8/20 Sat 8:30pm $8-$5 Marina Music Hall Bldg D 885-5678

Modern Day Essenes: Preparing The Way This workshop reflects on the role played by a community of Jews in preparing for the Messiah & looks at their message for us today. 9am-5pm $25 Gatehouse 431-7798

SS Jeremiah O'Brien Open Ship Weekend The 441-foot World War II cargo ship revs up its giant steam engine. Also available are souvenirs from the ship's Slop Chest Store. 7/16&17 Sat&Sun 11am-4pm $3-$1 ($6 fmlys) Pier 3 Dock 441-3101

Psychic Reading Fair Psychic Horizons is conducting a reading fair for anyone who wants a psychic reading or healing. 1-3pm $5 Bldg C 346-7906

The Happy Road To Heaven see 7/1
Recycling see 7/1
West Coast Weekend see 7/2
Tom Sawyer see 7/9
"Home For The Summer" see 7/13
Reiki see 7/15
SS Jeremiah O'Brien Open Ship see 7/16

17 SUNDAY
The Happy Road To Heaven see 7/1
Alcoholics Anonymous see 7/3
Round Robin Readings see 7/3
Tom Sawyer see 7/9
"Home For The Summer" see 7/13

18 MONDAY
SF PC Users Group Come & see the latest & greatest in this data base jamboree, including d Base IV presented by the maker. 7:30-9:30pm $2 Bldg A 781-4109

Recycling see 7/1

19 TUESDAY
The Art Of Light & Color A lecture/slide show presenting the development of light & color in painting. Gain insight into a new way to perceive & experience the "visual truth" of color. 7/19 Tue & 7/27 Wed, $2/lecture Bldg C 931-9358

Recycling see 7/1
Friends Of The Library Sale see 7/5
People Who Love Too Much see 7/12

20 WEDNESDAY
Recycling see 7/1
Friends Of The Library Sale see 7/5
Adult Children Of Alcoholics see 7/6
"Home For The Summer" see 7/13

21 THURSDAY
Astro Soul: Mental Telepathy In Action Explore communication with spiritual guidance & the psychic abilities of intuition & prophecy. 7:30-10:30pm $10 FMC "Friends" $1 off w/mbrs card, Gatehouse 540-5200

Recycling see 7/1
Friends Of The Library Sale see 7/5
"Home For The Summer" see 7/13

22 FRIDAY
Spotlight On Latin American Poetry Mexican poet/philosopher Octavio Paz is the subject of tonight's poetry reading which features the best English translations narrated by local actors. Presented by the Poetry Film Workshop as a benefit for National Poetry Week II. 7:30pm FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

Recycling see 7/1
"Home For The Summer" see 7/13

23 SATURDAY
Recycling see 7/1
West Coast Weekend see 7/2
Tom Sawyer see 7/9
Fort Mason Tour see 7/9
Copyright Clinics see 7/9
"Home For The Summer" see 7/13
Flash Family see 7/16

24 SUNDAY
Astro Soul: Directing Psychic Powers We all send & receive thoughts & feelings through our environment. Learn techniques to use your sensitivity to the maximum. 10am-1pm $17 FMC "Friends" $2 off w/mbrs card, Bldg C 540-5200

The Call Of The Soul, The Journey Home An afternoon of talks & creative arts presented by the SF Satsang Society, Inc., a chartered affiliate of ECKANKAR. 1-4pm $10-$5 Bldg A 673-9234

Alcoholics Anonymous see 7/3
Round Robin Readings see 7/3
Tom Sawyer see 7/9
"Home For The Summer" see 7/13

Textile art by Grace De Almeida

25 MONDAY
Vibrant Textiles Brazilian artist Grace De Almeida presents a retrospective of her unique textile art, completed during seven years in the Mato Grosso jungle & Sao Paulo. Guest artist Molly Hart will also present a mixed-media display. 7/25 Mon 5-10pm, 7/26&27 Tue&Wed 10am-10pm, FREE adm Bldg A 221-1809

Bay Area Clipper Special-Interest Group A users group for computer programmers using Nantucket's Clipper language. 6-10pm $5 Bldg C 751-2719

Recycling see 7/1

26 TUESDAY
Recycling see 7/1
Friends Of The Library Sale see 7/5
People Who Love Too Much see 7/12
Vibrant Textiles see 7/25

27 WEDNESDAY
Recycling see 7/1
Friends Of The Library Sale see 7/5
Adult Children Of Alcoholics see 7/6
"Home For The Summer" see 7/13
The Art Of Light & Color see 7/19
Vibrant Textiles see 7/25

28 THURSDAY
Magazine Fair Editors & art directors of periodicals published in the Bay Area will present a panel discussion on the most effective strategies for freelancers to make contact & sell their work. The panelists will also meet informally with freelance writers, photographers & artists. Presented by Media Alliance. 6-7pm panel discussion, 7-9pm open period. $8-$6 pre-reg., $10 at door, Bldg A 441-2557

Recycling see 7/1
Friends Of The Library Sale see 7/5
"Home For The Summer" see 7/13

29 FRIDAY
Spotlight On Latin American Poetry Cuban poet Nicolas Guillen is the subject of tonight's poetry reading which features the best English translations narrated by local actors. Presented by the Poetry Film Workshop as a benefit for National Poetry Week II. 7:30pm $2 FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

Recycling see 7/1
"Home For The Summer" see 7/13

30 SATURDAY
Recycling see 7/1
West Coast Weekend see 7/2
"Home For The Summer" see 7/13
Flash Family see 7/16

31 SUNDAY
Alcoholics Anonymous see 7/3
Round Robin Readings see 7/3
"Home For The Summer" see 7/13

Environment

Environmental Traveling Companions sponsors outdoor activities. All proceeds make wilderness adventures accessible to the physically disabled & disadvantaged. Bldg C 474-7662
Whitewater Raft Trips Experience the thrill of the South Fork of the American River. May-September, midweek or weekends. $70/day, group rates available.
Sea Kayaking Adventures on San Francisco Bay. April-June & September-November, weekdays or weekends. Day trips $60 or full-moon paddles $75 (both include meals).

Oceanic Society Activities sponsored by SF Bay Chapter. Bldg E 441-5970
Man & The Sea Open House Monthly open house & lecture for members, guests & interested public, featuring varied presentations on ocean-related topics. 7/11 Mon 7-9pm $2 Firehouse
Intermediate Sailing Lessons Orientation meeting for sailing lessons covering sail theory, balancing boat, anchoring, etc. Must be pre-enrolled. 7/7 Thur 7pm $165/4wks
Farallon Sail A 9 to 12-hour sail with a naturalist to the Farallon Islands with several hours of bird & sea mammal watching. 7/19 Sat $65
Sea Camp A two-week day camp for children ages 8-14 concentrating on environmental & marine sciences. 6/20-8/26 $250
Sail Camp A two-week day camp for children ages 11-14 concentrating on rowing, sailing, boating safety & related activities. 7/11-22 $250

Friends Of The River Enjoy a whitewater river while contributing to environmental protection. Reservations a must. Bldg C 771-0400
So. Fork American River 7/1-29 every Thur & Fri $50-$45/day. **Middle Fork American River** 7/14&15 Thur&Fri $175/2days. **Tuolumne River** 7/16-18 & 7/30-8/1 Sat-Mon, $330/3days.

Visual Arts & Media

Western Public Radio offers classes: Basic Radio Production, Basic Voice Techniques, Voicing Commercials, Advanced Production Techniques & On-Air Board Operations. Bldg D. For more information call 771-1160

Fort Mason Art Center, a division of the SF Community College District, offers ongoing classes in painting, drawing, sculpture, ceramics, printmaking, photography, basketry, jewelry, stained glass & textiles. Also offered are workshops in handmade paper, Chinese brush painting, pastels, photography, & children's art classes. Call for more information Bldg B 775-5579

Perception Gallery A hands-on workshop w/Elaine Amoruso exploring the language of vision, held on the 1st Sat of each month. 7/2 Sat 12:30-3:30pm $5 incls materials Bldg C 776-0347

Media Alliance offers classes, workshops & panels. Bldg D 441-2558
Breaking Into Media Learn the basics of getting hired in the Bay Area media. Emphasis will be placed on preparing for jobs in the print media. 7/11 Mon 5:30-7:30pm $15-$10
Technical Writing Learn the fundamentals of writing a technical manual, prerequisites for entering the profession & how to sell yourself in the technical writing field. 7/16 Sat 9:30am-4pm $75-$65

Classes and Workshops

Introduction To Magazine Publishing Learn how magazines are produced in-house, the responsibilities of editorial staff, & the best way for freelancers to approach editors. 7/23 Sat 1-4:30pm $60-$50
Health & Medical Writing An intensive workshop for current & aspiring writers interested in health & medical issues. A list of medical sources & potential story markets will be provided. 7/30 Sat 9:30am-4pm $75-$65

Poetry Film Workshops Bldg D 621-3073 FMC "Friends" 25% off each workshop w/mbrs card.
Word Magic & The Power Of Language Herman Berlandt will conduct a study of innovative techniques in modern poetry & the use of wordgames for the stimulation of creativity & originality in writing. Wed 7pm $5 or $25/6wks
Video Production Workshop Hands-on practical course in videotaping covering all basic skills in writing, shooting, lighting, editing & sound production. Natica Angilly, instructor. $100/24 instruction hours
Basic Film Scott Bartlett covers all aspects of filmmaking, script to soundtrack & completion of individual short film. Sun 3-6pm $100/8wks. Pre-reg. req.

Health & Recreation

Greek Dance Enjoy Bay Area Greek festivals, learn the fundamentals of popular Greek folk dances w/Anna Efstathiou. Mon 7-10pm $5 Bldg C 339-8357

Success Without Stress Understand the causes of human suffering, loneliness & fear. Thur 7:30-9pm $3 Bldg C 661-0148

Stretch & Tone Gentle & challenging, a non-impact stretching & conditioning program for people over 40. Seniors especially welcome. Tue&Thur 10-11am $4, $1.25 Srs Bldg C 456-7525

Beginning Hatha Yoga Helps you reduce stress & increase your level of fitness. Learn postures that are appropriate for you. Tue&Thur 6-7:30pm, Sat 11am-12:30pm $7/class or $48/8 classes Bldg C 567-3517

Advanced Hatha Yoga A challenging class teaching the finer points of hatha yoga & more advanced postures. Mon 6-7:30pm $7/class or $48/8 classes Bldg C 567-3517

Modern Dance Learn safe, solid techniques combined with creativity for fun or performance. Beginning & intermediate levels. Mon 7:30-9pm, Sat 12:30-2pm $7/class or $48/8 classes Bldg C 567-3517

Awareness Through Movement/Feldenkrais Method Julie Casson teaches movement lessons designed to improve strength, flexibility, coordination, posture & breathing. Wear loose, warm clothing. Tue Noon-1pm $6 Bldg C 333-6644

Jazzercise Have fun with the #1 dance fitness program while you warm up, work aerobically, strengthen & tone muscles & cool back down. Mon, Wed & Fri 9-10am & 6-7pm, Sat 10-11am $5-$2.80/class Bldg C 843-2490

Jazz Dance & Fun Workout Come share an enjoyable elementary-level workout w/Stathis Stratis & Nancy Ng. A great opportunity to express yourself with combinations to contemporary music. Mon 6-7pm $6-$5 Bldg C 776-6206

Performing Arts

Blue Bear School of Music Call for FREE catalog describing the many classes in popular music. Mon-Thur 1-8pm Sat 10:30am-4pm Bldg D 673-3600

Bay Area Theatresports offers both starting & continuing workshops every month. Call for times. $35/mo. Bldgs C&E 824-8220

Sue Walden Presents Workshops in Spontaneity & Improvisation. Bldgs C&E 885-5678
Spontaneity Techniques I Tue 7-10pm $95/6wks
Improvising Characters I Tue 7-10pm $110/8wks
Improvising Scenes I Thur 7-10pm $110/8wks
Spontaneity Techniques II Wed 7-10pm $110/8wks
Improvising Scenes II Wed 7:30-10pm $110/8wks
Improvising Scenes III Thur 8-10pm $110/8wks
Improvising Scenes Open Workshop 7/6 Wed 7-10pm $10
Open Workshop in Spontaneity & Improvisation 7/12 Tue 7-10pm $10

Galleries

SF Museum Of Modern Art Rental Gallery presents "Introductions 88" with works on paper by Peggy Huff, & paintings by Belinda Chlouber & Selina Wintersteen. 7/5-29 Tue-Sat 11:30am-5:30pm (reception 7/5 Tue 5:30-7:30pm) FREE adm Bldg A 441-4777

The graphic work of Francesco Clemente at the Museo ItaloAmericano

Museo ItaloAmericano Open Wed-Sun Noon-5pm FREE adm Bldg C 673-2200
Summer Introductions—Introduzioni Estive The Museo offers a showing of relatively unknown Italian-American artists from the Bay Area. 7/1-8/28
Francesco Clemente, The Graphic Work Internationally renowned Italian painter Francesco Clemente is also a prodigious printmaker working in a variety of graphic forms including woodcut, intaglio, & lithographic prints. This show demonstrates his explorations of the inner depths of the human condition. 7/14-9/11

Perception Gallery Open Tue-Sun Noon-4pm FREE adm Bldg C 776-0347
From Sight & Insight Workshops A free-ranging visual presentation of varied media. 6/14-7/3
Sight & Insight: All Members Show New works in many media. 7/5-31

SF Craft & Folk Art Museum Open Tue-Sun Noon-5pm, $1 adm (Sat 10am-Noon FREE adm) Bldg A 775-0990
Not So Naive: Bay Area Artists & Outsider Art From the houses built from bottles of Grandma Prisbrey to the patterned drawings of schizophrenic Martin Ramirez, "outsider art" has added a distinctive flavor to Bay Area art, especially in the sixties & seventies when local artists needed a maverick streak to resist the pressure of the East Coast mainstream. They discovered in the work of outsiders a direct emotion which had been squeezed out of high art. 7/2-8/28

Mexican Museum Wed-Sun Noon-5pm, $3, $2 Srs. (1st Wed of each month: noon-8pm; FREE adm) Bldg D 441-0404
Diego! Selected Works: 1896-1957 The final stop in a two-year tour honoring the centennial of Diego Rivera. This retrospective includes 50 paintings & drawings, with examples of his Cubist period, an early drawing of his mother, & his final painting ("Watermelons"), completed in 1957. 3/30-7/24, $4, $2 Srs. At the close of this exhibition, the works return to Mexico for permanent installation in the facilities of the Dolores Olmedo Foundation in Xochimilco.

Martial Arts

Chen's Tai Chi Assoc. Of The U.S.A. Sifu Gene Chen teaches the original Tai Chi Chuan complete system. Tue&Thur 7:30-9:30pm $45/mo Bldg C 661-3786

ICI Tai Chi Chuan w/Sifu Fong Ha. Complete classical forms w/emphasis on meditative aspects. Tue&Thur 7:30-9:30pm $50-$35/mo. Bldg C 524-4718

HANDICAPPED. Fort Mason can make arrangements for the handicapped if notified in advance. Ramps & elevators are available. Call 441-5706

Fort Mason offices are open Monday through Saturday, 9am-5pm.

Shing Yi Develop strength & flexibility while training mind & body to work as one. 7/2,16,23, Sat 11am-Noon, 7/30&31 Sat&Sun Noon-2:30pm, $40/month, Bldg C & Gatehouse 621-0509

Master Cheuk Fung The focus of this class is to teach the true spirit of Chinese martial arts w/Buddhist Chi Gung for health, understanding & personal growth. Tue&Thur 7:30-9:30pm $55/mo Bldg C 841-5487

Chinese Martial Arts w/Jack Man Wong. Tai Chi Chuan & Northern Shaolin for robust health, high spirits, rational thinking & self-defense. Wed 5:30-7:30pm, Sun 10am-Noon $40/mo. Bldg C 261-7105

Kung Fu, Tai Chi, Meditation No. Shaolin, Wing Chun, Tai Chi, Chinese Weapons & Hung Ga w/Master Schauer for health, self-defense and meditation. Tue&Thur 5:30-7:30pm, Mon 10-11:30am $35/mo Bldg C 589-6621

White Crane Silat Traditional Indonesian system of fitness, dance & self-defense. Training focuses on balance, grace & relaxed power. All levels/ages welcome. Wed 7-9pm, Sat 10am-Noon $60-$40/month Bldg C 641-7759

Shi Hau White Crane Kung Fu Instruction in the White Crane style of external & internal, hand & weapon forms of self-defense. Diplomas granted. Sun 1-3pm $50/month Bldg C 647-5365

Education

Museo ItaloAmericano offers Italian language classes, cultural education programs, art lectures, a library, gift shop & monthly screenings of Italian films. Bldg C 673-2200

Computer Alliance offers literacy training, computer access, programming, production work & consultation services (incls. choosing systems to buy) focusing on media producers & nonprofits. Mon-Thur 1-4pm (appts 10am-6pm) Bldg E 771-7133

Traffic Education Traffic safety taught with humor. Licensed by DMV & approved by the courts. 7/2&16 Sat, 7/10 Sun, 7/19 Tue 9am-5pm, $25 Bldg E 777-2818

Asbestos Inspection Training EPA-certified training for accreditation of school inspectors, building inspectors, management planners. This procedure qualifies inspectors for any commercial or public building inspection. 7/25-29 Mon-Fri 9am-5pm $575 Bldg C (301) 727-6029

Traffic School Traffic tickets dismissed upon completion of this class. Licensed by DMV & approved by the courts. 7/9,16&30 Sat 9am-5pm; 7/12&13 Tue&Wed 6:30-10pm, $20 Bldg C 421-6552

Ancient Philosophy & Psychology Informal weekly talks & discussions on the Cabala, Tarot, Buddhism, & Hinduism. Thur 8-10pm FREE Bldg E 388-7529

African American Historical & Cultural Society Gallery & library hours are Tue-Sat Noon-5pm. Workshops listed below. Bldg C 441-0640
Discussions Of Black Literature Every Sat 10:30am-Noon FREE
Black Writers' Workshop Every Sat 1:30-3:30pm FREE

California Lawyers For The Arts Workshops led by CLA panel attorneys (formerly Bay Area Lawyers for the Arts). Wed 7-8:30pm $10-$5 Bldg B 775-7200
From Demo Tapes To Recording Contracts 7/13
Trademark & Name Protection 7/27

Children's Classes

SF Children's Art Ctr. offers instruction in painting, drawing, printmaking & sculpture. Individual attention to each child's development, ages 2-10. Bldg C 771-0292

Let's Pretend A class in theater games, improvisation, characterization, mime & storytelling for ages 4-6. Sponsored by Young Performers Theatre. Classes meet twice a week. $130 Bldg C 346-5550

Children's Animation Workshop All phases of animation: cut-outs, clay models, collage & film strips. Sun Noon-3pm $10/class or $50/6 classes FMC "Friends" 25% off w/mbrs card, pre-reg. req Bldg D 621-3073